

Route 8 | Poole – Poole

Valid from: 23 May 2026 to 12 September 2026

Outbound - Weekdays

				Sch	SHol	Sch	SHol		Sch	SHol									
v Bus Station, Poole	05:50	06:18	06:39	07:03	07:12	07:35	07:40	07:50	08:07	08:14	08:27	08:42	08:57	09:12	09:27	09:42	09:57	10:12	10:27
Old Orchard, Poole	05:53	06:21	06:42	07:07	07:15	07:39	07:43	07:54	08:12	08:18	08:32	08:47	09:02	09:17	09:32	09:47	10:02	10:17	10:32
Ashmore Avenue, Lower Hamworth	05:57	06:26	06:47	07:13	07:20	07:45	07:49	08:00	08:19	08:24	08:37	08:52	09:07	09:22	09:37	09:52	10:07	10:22	10:37
Red Lion, Hamworthy	06:02	06:31	06:52	07:18	07:25	07:50	07:54	08:05	08:24	08:29	08:43	08:58	09:13	09:28	09:43	09:58	10:13	10:28	10:43
Foreland Road, Turlin Moor	06:07	06:36	06:58	07:24	07:30	07:56	08:00	08:11	08:31	08:35	08:49	09:04	09:19	09:34	09:49	10:04	10:19	10:34	10:49
v Triangle Shops, Upton	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Bottom of Sandy Lane, Upton	06:14	06:44	07:06	07:33	07:37	08:05	08:08	-	08:39	08:43	-	09:12	-	09:42	-	10:12	-	10:42	-
Pearce Road, Upton	06:16	06:46	07:08	07:36	07:40	08:08	08:10	-	08:42	08:45	-	09:15	-	09:45	-	10:15	-	10:45	-
Upton Crossroads	06:19	06:49	07:11	07:39	07:43	08:12	08:13	-	08:47	08:48	-	09:18	-	09:48	-	10:18	-	10:48	-
Upton Country Park	06:21	06:51	07:13	07:41	07:45	08:14	08:15	-	08:49	08:50	-	09:20	-	09:50	-	10:20	-	10:50	-
Millfield, Creekmoor	06:25	06:55	07:17	07:47	07:49	08:19	08:19	-	08:54	08:54	-	09:24	-	09:54	-	10:24	-	10:54	-
The Fleetsbridge, Stanley Gree	06:29	06:59	07:22	07:52	07:53	08:24	08:23	-	08:59	08:58	-	09:28	-	09:58	-	10:28	-	10:58	-
Library, Oakdale	06:31	07:01	07:25	07:55	07:55	08:27	08:26	-	09:02	09:01	-	09:31	-	10:01	-	10:31	-	11:01	-
v Bus Station, Poole	06:35	07:05	07:30	08:02	08:00	08:35	08:31	-	09:08	09:06	-	09:36	-	10:06	-	10:36	-	11:06	-

Outbound - Weekdays (continued)

v Bus Station, Poole	10:42	10:57	11:12	11:27	11:42	11:57	12:12	12:27	12:42	12:57	13:12	13:27	13:42	13:57	14:12	14:22	14:32	14:52	15:12
Old Orchard, Poole	10:47	11:02	11:17	11:32	11:47	12:02	12:17	12:32	12:47	13:02	13:17	13:32	13:47	14:02	14:17	14:27	14:37	14:57	15:17
Ashmore Avenue, Lower Hamworth	10:52	11:07	11:22	11:37	11:52	12:07	12:22	12:37	12:52	13:07	13:22	13:37	13:52	14:07	14:23	14:33	14:44	15:04	15:26
Red Lion, Hamworthy	10:58	11:13	11:28	11:43	11:58	12:13	12:28	12:43	12:58	13:13	13:28	13:43	13:58	14:13	14:29	14:38	14:50	15:10	15:34
Foreland Road, Turlin Moor	11:04	11:19	11:34	11:49	12:04	12:19	12:34	12:49	13:04	13:19	13:34	13:49	14:04	14:19	14:35	14:44	14:57	15:17	15:42
v Triangle Shops, Upton	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Bottom of Sandy Lane, Upton	11:12	-	11:42	-	12:12	-	12:42	-	13:12	-	13:42	-	14:12	-	14:43	-	15:05	15:25	15:50
Pearce Road, Upton	11:15	-	11:45	-	12:15	-	12:45	-	13:15	-	13:45	-	14:15	-	14:46	-	15:08	15:28	15:53
Upton Crossroads	11:18	-	11:48	-	12:18	-	12:48	-	13:18	-	13:48	-	14:18	-	14:49	-	15:12	15:32	15:57
Upton Country Park	11:20	-	11:50	-	12:20	-	12:50	-	13:20	-	13:50	-	14:20	-	14:51	-	15:14	15:34	15:59
Millfield, Creekmoor	11:24	-	11:54	-	12:24	-	12:54	-	13:24	-	13:54	-	14:24	-	14:55	-	15:18	15:38	16:03
The Fleetsbridge, Stanley Gree	11:28	-	11:58	-	12:28	-	12:58	-	13:28	-	13:58	-	14:28	-	14:59	-	15:22	15:42	16:07
Library, Oakdale	11:31	-	12:01	-	12:31	-	13:01	-	13:31	-	14:01	-	14:31	-	15:02	-	15:25	15:45	16:10
v Bus Station, Poole	11:36	-	12:06	-	12:36	-	13:06	-	13:36	-	14:06	-	14:36	-	15:09	-	15:32	15:52	16:17

Outbound - Weekdays (continued)

v Bus Station, Poole	15:32	15:52	16:12	16:32	16:52	17:12	17:32	17:52	18:20	18:50	19:20	20:20	21:20	22:20	23:20
Old Orchard, Poole	15:37	15:57	16:17	16:37	16:57	17:17	17:37	17:57	18:25	18:54	19:24	20:24	21:24	22:24	23:24
Ashmore Avenue, Lower Hamworth	15:44	16:04	16:24	16:44	17:04	17:24	17:44	18:04	18:30	18:59	19:29	20:29	21:29	22:29	23:29
Red Lion, Hamworthy	15:50	16:10	16:30	16:50	17:10	17:30	17:50	18:10	18:36	19:04	19:34	20:34	21:34	22:34	23:34
Foreland Road, Turlin Moor	15:58	16:18	16:38	16:58	17:17	17:37	17:57	18:17	18:42	19:10	19:40	20:40	21:40	22:40	23:40
v Triangle Shops, Upton	-	-	-	-	-	-	-	-	-	-	-	20:48	-	22:48	-
Bottom of Sandy Lane, Upton	16:06	16:26	16:46	17:06	17:25	17:45	18:04	18:24	18:49	19:17	19:47	-	21:47	-	23:45
Pearce Road, Upton	16:09	16:29	16:49	17:09	17:28	17:48	18:06	18:26	18:51	19:19	19:49	-	21:49	-	23:47
Upton Crossroads	16:13	16:33	16:53	17:13	17:32	17:52	18:09	18:29	18:54	19:21	19:51	-	21:51	-	23:49
Upton Country Park	16:15	16:35	16:55	17:15	17:34	17:54	18:11	18:31	18:56	19:23	19:53	-	21:53	-	23:51
Millfield, Creekmoor	16:19	16:39	16:59	17:19	17:38	17:58	18:15	18:35	19:00	19:26	19:56	-	21:56	-	23:54
The Fleetsbridge, Stanley Gree	16:23	16:43	17:03	17:23	17:42	18:02	18:19	18:39	19:04	19:30	20:00	-	22:00	-	23:57
Library, Oakdale	16:26	16:46	17:06	17:26	17:45	18:05	18:21	18:41	19:06	19:32	20:02	-	22:02	-	23:59
v Bus Station, Poole	16:33	16:53	17:13	17:33	17:51	18:11	18:26	18:46	19:11	19:36	20:06	-	22:06	-	00:03

^ = Pick up only | v = Set down only | - = Does not serve | Days row: M=Mon Tu=Tue W=Wed Th=Thu F=Fri Sa=Sat Su=Sun | Sch = school days only | SHol = school holidays only

Outbound - Saturdays and Public Holidays

v Bus Station, Poole	06:45	07:15	07:42	08:12	08:42	08:57	09:12	09:27	09:42	09:57	10:12	10:27	10:42	10:57	11:12	11:27	11:42	11:57	12:12
Old Orchard, Poole	06:48	07:18	07:45	08:15	08:46	09:02	09:17	09:32	09:47	10:02	10:17	10:32	10:47	11:02	11:17	11:32	11:47	12:02	12:17
Ashmore Avenue, Lower Hamworth	06:53	07:22	07:49	08:19	08:51	09:07	09:22	09:37	09:52	10:07	10:22	10:37	10:52	11:07	11:22	11:37	11:52	12:07	12:22
Red Lion, Hamworthy	06:58	07:27	07:54	08:24	08:56	09:13	09:28	09:43	09:58	10:13	10:28	10:43	10:58	11:13	11:28	11:43	11:58	12:13	12:28
Foreland Road, Turlin Moor	07:04	07:33	08:00	08:30	09:02	09:19	09:34	09:49	10:04	10:19	10:34	10:49	11:04	11:19	11:34	11:49	12:04	12:19	12:34
v Triangle Shops, Upton	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Bottom of Sandy Lane, Upton	07:11	07:40	08:07	08:37	09:09	-	09:42	-	10:12	-	10:42	-	11:12	-	11:42	-	12:12	-	12:42
Pearce Road, Upton	07:14	07:43	08:10	08:40	09:12	-	09:45	-	10:15	-	10:45	-	11:15	-	11:45	-	12:15	-	12:45
Upton Crossroads	07:17	07:46	08:13	08:43	09:15	-	09:48	-	10:18	-	10:48	-	11:18	-	11:48	-	12:18	-	12:48
Upton Country Park	07:19	07:48	08:15	08:45	09:17	-	09:50	-	10:20	-	10:50	-	11:20	-	11:50	-	12:20	-	12:50
Millfield, Creekmoor	07:23	07:52	08:19	08:49	09:21	-	09:54	-	10:24	-	10:54	-	11:24	-	11:54	-	12:24	-	12:54
The Fleetsbridge, Stanley Gree	07:26	07:56	08:23	08:53	09:25	-	09:58	-	10:28	-	10:58	-	11:28	-	11:58	-	12:28	-	12:58
Library, Oakdale	07:28	07:59	08:26	08:56	09:28	-	10:01	-	10:31	-	11:01	-	11:31	-	12:01	-	12:31	-	13:01
v Bus Station, Poole	07:33	08:04	08:31	09:01	09:33	-	10:06	-	10:36	-	11:06	-	11:36	-	12:06	-	12:36	-	13:06

Outbound - Saturdays and Public Holidays (continued)

v Bus Station, Poole	12:27	12:42	12:57	13:12	13:27	13:42	13:57	14:12	14:27	14:42	14:57	15:12	15:27	15:42	15:57	16:12	16:27	16:42	16:57
Old Orchard, Poole	12:32	12:47	13:02	13:17	13:32	13:47	14:02	14:17	14:32	14:47	15:02	15:17	15:32	15:47	16:02	16:17	16:32	16:47	17:02
Ashmore Avenue, Lower Hamworth	12:37	12:52	13:07	13:22	13:37	13:52	14:07	14:22	14:37	14:52	15:07	15:22	15:37	15:52	16:07	16:22	16:37	16:52	17:07
Red Lion, Hamworthy	12:43	12:58	13:13	13:28	13:43	13:58	14:13	14:28	14:43	14:58	15:13	15:28	15:43	15:58	16:13	16:28	16:43	16:57	17:12
Foreland Road, Turlin Moor	12:49	13:04	13:19	13:34	13:49	14:04	14:19	14:34	14:49	15:04	15:19	15:34	15:49	16:04	16:19	16:34	16:49	17:03	17:18
v Triangle Shops, Upton	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Bottom of Sandy Lane, Upton	-	13:12	-	13:42	-	14:12	-	14:42	-	15:12	-	15:42	-	16:12	-	16:42	-	17:11	-
Pearce Road, Upton	-	13:15	-	13:45	-	14:15	-	14:45	-	15:15	-	15:45	-	16:15	-	16:45	-	17:14	-
Upton Crossroads	-	13:18	-	13:48	-	14:18	-	14:48	-	15:18	-	15:48	-	16:18	-	16:48	-	17:17	-
Upton Country Park	-	13:20	-	13:50	-	14:20	-	14:50	-	15:20	-	15:50	-	16:20	-	16:50	-	17:19	-
Millfield, Creekmoor	-	13:24	-	13:54	-	14:24	-	14:54	-	15:24	-	15:54	-	16:24	-	16:54	-	17:23	-
The Fleetsbridge, Stanley Gree	-	13:28	-	13:58	-	14:28	-	14:58	-	15:28	-	15:58	-	16:28	-	16:58	-	17:27	-
Library, Oakdale	-	13:31	-	14:01	-	14:31	-	15:01	-	15:31	-	16:01	-	16:31	-	17:01	-	17:29	-
v Bus Station, Poole	-	13:36	-	14:06	-	14:36	-	15:06	-	15:36	-	16:06	-	16:36	-	17:06	-	17:34	-

Outbound - Saturdays and Public Holidays (continued)

v Bus Station, Poole	17:12	17:27	17:42	17:57	18:20	18:50	19:20	20:20	21:20	22:20	23:20
Old Orchard, Poole	17:17	17:32	17:47	18:02	18:25	18:54	19:24	20:24	21:24	22:24	23:24
Ashmore Avenue, Lower Hamworth	17:22	17:37	17:52	18:07	18:30	18:59	19:29	20:29	21:29	22:29	23:29
Red Lion, Hamworthy	17:27	17:42	17:57	18:12	18:35	19:04	19:34	20:34	21:34	22:34	23:34
Foreland Road, Turlin Moor	17:33	17:48	18:03	18:18	18:41	19:10	19:40	20:40	21:40	22:40	23:40
v Triangle Shops, Upton	-	-	-	-	-	-	-	20:48	-	22:48	-
Bottom of Sandy Lane, Upton	17:41	-	18:10	-	18:48	19:17	19:47	-	21:47	-	23:45
Pearce Road, Upton	17:44	-	18:12	-	18:50	19:19	19:49	-	21:49	-	23:47
Upton Crossroads	17:47	-	18:15	-	18:53	19:21	19:51	-	21:51	-	23:49
Upton Country Park	17:49	-	18:17	-	18:55	19:23	19:53	-	21:53	-	23:51
Millfield, Creekmoor	17:53	-	18:21	-	18:59	19:26	19:56	-	21:56	-	23:54
The Fleetsbridge, Stanley Gree	17:57	-	18:25	-	19:03	19:30	20:00	-	22:00	-	23:57
Library, Oakdale	17:59	-	18:27	-	19:05	19:32	20:02	-	22:02	-	23:59
v Bus Station, Poole	18:04	-	18:32	-	19:10	19:36	20:06	-	22:06	-	00:03

^ = Pick up only | v = Set down only | - = Does not serve | Days row: M=Mon Tu=Tue W=Wed Th=Thu F=Fri Sa=Sat Su=Sun

Outbound - Sundays and Public Holidays

v Bus Station, Poole	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00
Old Orchard, Poole	08:04	08:34	09:04	09:35	10:05	10:35	11:05	11:35	12:05	12:35	13:05	13:35	14:05	14:35	15:05	15:35	16:05	16:35	17:05
Ashmore Avenue, Lower Hamworth	08:08	08:38	09:08	09:40	10:10	10:40	11:10	11:40	12:10	12:40	13:10	13:40	14:10	14:40	15:10	15:40	16:10	16:40	17:10
Red Lion, Hamworthy	08:14	08:44	09:14	09:46	10:16	10:46	11:16	11:46	12:16	12:46	13:16	13:46	14:16	14:46	15:16	15:46	16:16	16:46	17:16
Foreland Road, Turlin Moor	08:20	08:50	09:20	09:52	10:22	10:52	11:22	11:52	12:22	12:52	13:22	13:52	14:22	14:52	15:22	15:52	16:22	16:52	17:22
v Triangle Shops, Upton	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Bottom of Sandy Lane, Upton	08:27	-	09:27	-	10:29	-	11:29	-	12:29	-	13:29	-	14:29	-	15:29	-	16:29	-	17:29
Pearce Road, Upton	08:29	-	09:29	-	10:32	-	11:32	-	12:32	-	13:32	-	14:32	-	15:32	-	16:32	-	17:32
Upton Crossroads	08:32	-	09:32	-	10:35	-	11:35	-	12:35	-	13:35	-	14:35	-	15:35	-	16:35	-	17:35
Upton Country Park	08:34	-	09:34	-	10:37	-	11:37	-	12:37	-	13:37	-	14:37	-	15:37	-	16:37	-	17:37
Millfield, Creekmoor	08:38	-	09:38	-	10:41	-	11:41	-	12:41	-	13:41	-	14:41	-	15:41	-	16:41	-	17:41
The Fleetsbridge, Stanley Gree	08:42	-	09:42	-	10:45	-	11:45	-	12:45	-	13:45	-	14:45	-	15:45	-	16:45	-	17:45
Library, Oakdale	08:44	-	09:44	-	10:47	-	11:47	-	12:47	-	13:47	-	14:47	-	15:47	-	16:47	-	17:47
v Bus Station, Poole	08:49	-	09:49	-	10:52	-	11:52	-	12:52	-	13:52	-	14:52	-	15:52	-	16:52	-	17:52

Outbound - Sundays and Public Holidays (continued)

v Bus Station, Poole	17:30	18:00	18:50	19:50	20:50	21:50	22:50
Old Orchard, Poole	17:35	18:04	18:54	19:54	20:54	21:54	22:54
Ashmore Avenue, Lower Hamworth	17:40	18:09	18:59	19:58	20:58	21:58	22:58
Red Lion, Hamworthy	17:46	18:14	19:04	20:03	21:03	22:03	23:03
Foreland Road, Turlin Moor	17:52	18:20	19:10	20:09	21:09	22:09	23:09
v Triangle Shops, Upton	-	-	-	20:17	-	22:17	-
Bottom of Sandy Lane, Upton	-	18:27	19:17	-	21:15	-	23:15
Pearce Road, Upton	-	18:29	19:19	-	21:17	-	23:17
Upton Crossroads	-	18:32	19:21	-	21:19	-	23:19
Upton Country Park	-	18:34	19:23	-	21:21	-	23:21
Millfield, Creekmoor	-	18:37	19:26	-	21:24	-	23:24
The Fleetsbridge, Stanley Gree	-	18:41	19:30	-	21:27	-	23:27
Library, Oakdale	-	18:43	19:32	-	21:29	-	23:29
v Bus Station, Poole	-	18:47	19:36	-	21:33	-	23:33

^ = Pick up only | v = Set down only | - = Does not serve | Days row: M=Mon Tu=Tue W=Wed Th=Thu F=Fri Sa=Sat Su=Sun

Generated: 17 May 2026 17:16 | Hampshire Bus Update